



Breakfast Menu Utica Community Schools - Secondary Level

2011-12

Monday	Tuesday	Wednesday	Thursday	Friday
<u>Warm Choice</u>	<u>Warm Choice</u>	<u>Warm Choice</u>	<u>Warm Choice</u>	<u>Warm Choice</u>
Toasted Honey Wheat Bagel topped with Turkey Sausage Patty, Egg & Cheese	NEW Colby Omelet with 1 - Bacon Slice on whole grain flat bread	Toasted Honey Wheat Bagel topped with Sliced * Ham, Egg & Cheese	NEW Colby Omelet with 1 - Bacon Slice on whole grain flat bread	Assorted Breakfast Sandwich
	2 pc. Potato Triangles or	2 pc. Potato Triangles or	2 pc. Potato Triangles or	2 pc. Potato Triangles or
Fruit Juice	Fresh Fruit or Juice	Fresh Fruit	Fresh Fruit	or Fresh Fruit or Juice
White Milk	White Milk	White Milk	White Milk	White Milk
<u>or</u>	<u>or</u>	<u>or</u>	<u>or</u>	<u>or</u>
<u>Cold Choice</u>	<u>Cold Choice</u>	<u>Cold Choice</u>	<u>Cold Choice</u>	<u>Cold Choice</u>
Cold Cereal, milk	Cold Cereal, milk	Cold Cereal, milk	Cold Cereal, milk	Cold Cereal, milk
1 - Morning Mix	Dannon Crushable Yogurt	1 - Cinnamon Toast Crisp Bag	Dannon Crushable Yogurt	Dannon Crushable Yogurt
Fruit Juice or Chilled Fruit	Fresh Fruit or Juice Box	Fresh Fruit	Fresh Fruit	Fresh Fruit or Juice Box
<u>or</u>	<u>or</u>	<u>or</u>	<u>or</u>	<u>or</u>
1 - Benefit Breakfast Bar	Lg. Whole Grain Fruit Muffin	2 pkt. Whole Grain Pop Tart	1 - Benefit Breakfast Bar	Assorted Breakfast Choice
Fruit Juice	Fresh Fruit or Juice	Fresh Fruit	Fresh Fruit	Fresh Fruit or Juice
White Milk	White Milk	White Milk	White Milk	White Milk



Student Breakfast
Adult Breakfast
Milk
Juice

Breakfasts are available
Free or for \$.30 cents
with an approved application
on file.

Prices:
\$1.40
\$2.00
\$0.45
\$0.45

Dear Parents & Students,
Breakfast Improves Learning.....

A continental breakfast will be available at selected schools.

Breakfast will be available as students arrive each morning in the cafeteria.

Children who eat breakfast are better prepared to learn.



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Are you interested in working, but need to be home when your kids are? Work Part-time for Food Service, \$ 8.96 / hr. Call (586) 797-1180.