

Counseling Updates from IKE

June- August 2022

2022-2023 BREAKDOWN AND CONTACT INFORMATION

A—Da:	Ms. Amy Chappelle	Amy.Chappelle@UticaK12.org	586-797-1369
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I—Me:	Mr. Tom Versele	Thomas.Versele@UticaK12.org	586-797-1363
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Sd—Z	Ms. Lindsey Dunn	Lindsey.Dunn@UticaK12.org	586-797-1362

IMPORTANT COUNSELING INFORMATION

Summer School starts June 20th.

Counselors are not available during the summer. Any immediate needs should be addressed by calling the main number (586)797-1300.

During the school year, students should be accessing their counseling Schoology group regularly for time sensitive information.

COUNSELING OFFICE STAFF

Ms. Katie Lelito, Co-Op Coordinator	586-797-1368
Ms. Maria Manzo, Admin. Assistant	586-797-1390
Mr. Mike Satawa, SE Teacher Consultant	586-797-1361
Heather Osterland, SE Speech & Language	586-797-1371
Amy Chapman, SE Social Worker	586-797-1365
Counseling Fax:	586-797-1391
Attendance Line	586-797- 1399

RESOURCES FOR MACOMB COUNTY FAMILIES IN NEED

The Right Connection Resource Directory was developed to assist families in locating free, low-cost, or unique human services in Macomb County. Families needing assistance can access this resource at the link provided.

[The Right Connection in Macomb County \(misd.net\)](https://www.misd.net)

Julie's List was developed to help individuals throughout the Metro Detroit area find necessary resources that are low cost or free. Families in crisis or needing assistance can access this resource at the link provided. [Julies List \(SE Michigan\)](#)

SAT AND ACT TESTING

Students may also sign up to take the SAT on a National test date during the summer or fall. The test is available at multiple locations throughout Metro Detroit. Summer dates fill up quickly. Students can sign up to take the SAT on their own at: [SAT Registration](#)

The ACT is as valuable as the SAT. If you (your student) are planning on taking the ACT, sign up at [ACTStudent.org](https://www.actstudent.org) Tests are offered at local high schools and colleges and students can select the location that is best for them. The ACT is readily accepted at all colleges and universities as an admissions test and used for scholarship purposes as well.

SPRING SAT AND PSAT RESULTS

Students can log on to their Collegeboard accounts to view their results and most of the scores are already available. Score reports will not be mailed to the school. Eisenhower does not have access to a student's personal Collegeboard account login credentials. Students may contact Collegeboard directly if unable to access their account. Most students created their Collegeboard accounts using their UCS login. If that does not work, contact Collegeboard directly.

CAREER EXPLORATION AND AWARENESS

The State Department of Talent and Economic Development has developed two state-of-the-art and first-of-its kind online resources to help students and job seekers explore careers and pathways as an effort to close the talent gap that is spanning Michigan.

[Going PRO with Professional Trades Careers in Michigan | GoingPro \(going-pro.com\)](http://GoingPro(going-pro.com)) is a one-stop online tool that provides students and all Michiganders with information on the state's most high-demand, high-wage career opportunities in the **Professional Trades**, including salaries and job growth data, 'A Day in the Life' series that highlights professionals in their careers and how they got there, and local schools and training facilities to get started in a Professional Trades career. Click on the link to explore this online tool!

[Michigan Education & Career Pathfinder \(mitalent.org\)](http://Mitalent.org) is a tool that allows students to pick a career field and see, all at once, how to get there from training to full-time career. Click on the link to explore this online tool!

SCHOOL TO WORK INTERNSHIPS

SCHOOL TO WORK(STW/CO-OP) MAKING THE CONNECTION



- The objective of our STW Program is to connect classroom learning with work-based learning experiences, prepare students for the move from classroom to the workplace, support supervised on-the-job training, and help students make career decisions.
- Our Students will:
 - Develop the essential skills and habits required in the workplace.
 - Receive a **GRADE** and **CREDIT** towards graduation for this full year course.
 - Gain valuable **PAID** work experience to help build a resume for post-secondary programs and future employment in a variety of career areas.

WHAT ARE THE REQUIREMENTS?



GPA-2.0 Minimum



Attendance: Must be excellent at school; including tardies and unexcused absences from 9th grade and beyond.



Enrollment in a CTE Course concurrent with their internship placement(see courses listed on reverse side).



Students work 10 hours a week at minimum, 24 maximum per child labor laws. Must have reliable transportation and leave school after 5th hour.



Grades are based on: Student completed time books. Employer quarterly evaluations of the student and attendance at monthly meetings with coordinator.



Coordinators visit work sites to ensure a safe and productive training environment and build relationships with employers.

Next Steps...

1. Talk with your parents about STW-can you do it?
 - ✓ Transportation
 - ✓ Extracurricular activities
 - ✓ Availability (employer provided schedule)
2. Scan the QR Code to Apply
3. Obtain Parent signatures for Policies/Grading
4. Create your resume/request references
5. Set Up Your Voicemail
6. Schedule a time to meet with Mrs. Lelito

SCAN HERE TO APPLY:



For more information contact [Mrs. Lelito](mailto:Mrs.Lelito)
catherine.lelito@uticak12.org or send a TEAMS message

Timelines for High School Students

9th-graders

- Activity Log: Get involved in a couple of clubs, sports, or other extracurricular activities either at your school or in your local community. Keep track of your engagements on a simple spreadsheet.
- Challenge yourself academically: Take advantage of the course offerings and make a four-year plan that will make you stand out.
- How to study effectively: Improve your study skills and build new habits.
- Be careful with your social media use: Any words or pictures you post are part of your permanent online record. If it is something you would not want your grandparent to see, maybe do not post it.

10th-graders

- Study schedule: If you do not have a plan in place, now is a great time to create one.
- Consider taking the ACT or SAT as a practice test (Do NOT send scores to universities). These practice tests are a great way to get experience with the content and timing of standardized exams.
- Start exploring possible careers: There are so many possibilities out there. What sounds interesting to you? Start with your interests and see where your research takes you. Naviance is a great tool to research careers!

11th-graders

- Naviance: Check out this awesome resource that helps you figure out what you want (and do not want) from your college experience. Login through the icon in Class Link
- Connect with college admission reps: Sign up for a few sessions with college representatives either virtually or through campus visits.
- Prepare for standardized testing that occurs in your junior year. Although many schools are 'Test Optional', if you do well, it is to your advantage to use your score.

12th-graders

This is a critical time for seniors. By this point, you should have a close-to-final college list and be working on your college applications.

- Letters of recommendation: This is a good time to check in with your recommenders to make sure they know your deadlines. Not all schools require a letter of recommendation, but the ones that do typically want a strong letter from someone who can attest to your ability in the classroom.
- College applications are live in August: Start familiarizing yourself with the information you need to gather. Apply direct to the institution when this option is available, otherwise, apply through the Common Application.
- Writing your College Essays: Answer the question! This is the biggest mistake students make! If the question is asking WHY you choose that school, use this space to display your knowledge about the school, the opportunities they have for students and how you fit in. Answer the question!
- FAFSA + CSS PROFILE: These two forms are critical to your financial aid process. All schools require the FAFSA; the CSS PROFILE is only required by some schools and scholarships. Submission windows open on October 1st.
- Connect with college admission reps, either at school, online or in the community through college fairs. These sessions are important opportunities to let colleges know you are considering attending their institution, which, in some cases, can help your chances.
- Create a spreadsheet of requirements and deadlines: Keep track of application deadlines, number of required recommendation letters, scholarship deadlines, portfolio requirements, etc., all in one organized spot.

SENIORS: Class of 2023

Senior Class Schoology Course:

- One stop resource for seniors!
- All time sensitive information will be delivered through this page
- If you are not already added to this course, you may join with **Access Code: KMPW-FQXX-VGRN**
- Senior presentation and PowerPoint will be posted on Schoology for future review. (Presentation will take place the first month of your Senior year in English classes)

Post-Secondary Options:

Post-secondary options include college (2 and 4 year), military, Trade schools and apprenticeship programs and entering the workforce. What is your plan?

College Application: Simple Steps

- Create a college list- list the colleges you will apply to and what the requirements are. A spreadsheet could help you organize this, along with the deadlines for each school
- Determine which application you should use and create accounts. Direct Application- apply to school using application on school's website (ALWAYS THE BEST OPTION). Common Application: www.commonapp.org
- Request transcripts- Parchment www.parchment.com (Information will be posted on UCS College Central)
 - www.uticak12.org/college_central
- Send Test Scores: If it is required or you would like to send your test score, you will need to send them using your College Board (www.collegeboard.com) or ACT (www.actstudent.org) account.
- Letters of Recommendation- If the school you are applying to **requires** this (from either a teacher or a counselor), please see fill out the Request for Letter of Recommendation Google form [Request for Counselor Letter of Recommendation \(google.com\)](https://www.google.com). Also found in Schoology – College Information Folder. The more information you provide, the better!
- Submit your applications. Review your application to ensure you have completed all parts with accurate information. Ask your parents to assist you with this. Submit and pay for your applications. ***** Your submission is independent of all other parts. Do not wait for transcripts or letters of recommendation if you are ready to submit. The receiving college will not mark your application as 'complete' until they have ALL the required components. *****

Naviance

- Career Exploration
- College Exploration
- Scholarship Search

Common Application - Below is the full set of essay prompts for 2022-2023. Some students have a background, identity, interest, or talent that is so meaningful they believe their application would be incomplete without it. If this sounds like you, then please share your story. Remember that the essay for the Common Application goes to ALL schools you are applying to through the common app and you should not direct this essay to any one school. You will likely have supplemental essays that are specific to each school you are applying to. It is so important to ANSWER THE PROMPT/QUESTION. When you are being compared to other applicants with the same rigor, same test scores, same activities, etc., it is the essay that will ultimately separate you from everyone else.

1. The lessons we take from obstacles we encounter can be fundamental to later success. Recount a time when you faced a challenge, setback, or failure. How did it affect you, and what did you learn from the experience?
2. Reflect on a time when you questioned or challenged a belief or idea. What prompted your thinking? What was the outcome?
3. Reflect on something that someone has done for you that has made you happy or thankful in a surprising way. How has this gratitude affected or motivated you?
4. Discuss an accomplishment, event, or realization that sparked a period of personal growth and a new understanding of yourself or others.
5. Describe a topic, idea, or concept you find so engaging that it makes you lose all track of time. Why does it captivate you? What or who do you turn to when you want to learn more?
6. Share an essay on any topic of your choice. It can be one you have already written, one that responds to a different prompt, or one of your own design.

Trade Schools and Certificates

Macomb Community College is excited to announce the **Michigan Apprenticeship Program Plus (MAP+) Industrial Readiness Program!** Students will learn the foundational skills needed for a skilled trades apprenticeship or similar opportunity in this **FREE** pre-apprenticeship training program. The program features a path with related courses for a manufacturing OR construction career. Successful students earn nine college credits and an Industrial Readiness Certificate upon program completion. A limited number of spots are available. The MAP+ Program application will be available in the Fall. See your counselor for more information on MAP+

MAT² Michigan Advanced Technical Training - The MAT² Program is an innovative, industry-driven workforce development strategy that develops a loyal workforce, provides a sustainable pipeline of talent, and ensures that industry needs are met. With the MAT² Program, you earn while you learn. The program provides a living-wage, a debt-free associate degree, and an industry-aligned education. For more information contact info@mat2apprenticeships.com or 248-419-4676

Trade Schools and Centers

Detroit Training Center Customized Vocational Training (313)221-5876

MUST Construction Careers- Michigan's Resource to Apprenticeship Opportunities [MUST Construction Careers \(mustcareers.org\)](https://mustcareers.org)

Michigan Colleges and Universities Application Information

If college offers Common App and Apply Direct option, apply direct!

	Common App	Apply Direct	Test Optional	Essay required	Application Fee
Adrian College	NO	YES	YES	NO	NO
Albion College	YES	YES	YES	No- if applying direct	NO
Alma College	YES	YES	YES	YES	NO
Andrews University	NO	YES	YES	Optional	YES
Aquinas College	YES	YES	YES	YES	NO
Baker College	NO	YES	YES	NO	NO
Calvin College	YES	YES	YES	YES	YES
Central Michigan University	YES	YES	YES	NO	YES
College for Creative Studies	NO	YES	YES	Portfolio	NO
Concordia University-Ann Arbor	NO	YES	REQUIRED	NO	NO
Cornerstone University	NO	YES	REQUIRED	NO	NO
Eastern Michigan University	NO	YES	YES	NO	NO
Ferris State University	NO	YES	YES	NO	NO
Kendall College of Art & Design	NO	YES	YES	Portfolio	NO
Grand Valley State University	NO	YES	REQUIRED	NO	Will waive in October
Hillsdale College	NO	YES	REQUIRED	YES	NO
Hope College	YES	YES	YES	YES	NO
Kalamazoo College	YES	NO	YES	YES	NO
Kettering University	NO	YES	REQUIRED	YES	NO
Lake Superior State University	NO	YES	REQUIRED	NO	NO
Lawrence Technological University	YES	YES	REQUIRED	YES	YES
Madonna University	NO	YES	REQUIRED	YES	YES
Michigan State University	YES	YES	REQUIRED	YES	YES
Michigan Technological University	NO	YES	REQUIRED	YES	NO
Northern Michigan University	YES	YES	REQUIRED	NO	YES
Northwood University	YES	YES	REQUIRED	YES	NO
Oakland University	NO	YES	REQUIRED	YES	NO
Rochester College	NO	YES	YES	NO	NO
Saginaw Valley State University	NO	YES	REQUIRED	NO	NO
Siena Heights University	NO	YES	REQUIRED	NO	NO
Spring Arbor University	NO	YES	YES	NO	NO
University of Detroit Mercy	YES	YES	REQUIRED	YES	NO
University of Michigan Ann Arbor	YES	NO	OPTIONAL	YES	YES
University of Michigan Dearborn	YES	YES	OPTIONAL	No- if applying direct	No- if applying direct
University of Michigan Flint	YES	YES	OPTIONAL	No- if applying direct	No- if applying direct
Wayne State University	YES	YES	OPTIONAL	No- if applying direct	NO
Western Michigan University	YES	YES	OPTIONAL	ENCOURAGED	YES

PUBLIC INSTITUTIONS	AVERAGE GPA	AVERAGE ACT	AVERAGE SAT	TUITION & HOUSING COSTS
Central Michigan University	3.5	23	1112	\$24,700
Davenport University	3.2	21	1069	\$32,700 (tuition)
Eastern Michigan University	3.3	23	1083	\$23,700
Ferris State University	3.3	22	1044	\$24,300
Finlandia University	3.0	21	1100	\$33,300
Grand Valley State University	3.7	24	1146	\$22,600
Kendall College of Art & Design	3.3	22	866	\$36,600
Lake Superior State University	3.2	22	N/A	\$11,000
Michigan State University	3.7	26	1195	\$26,200
Michigan Technological University	3.8	27	1252	\$28,900
Northern Michigan University	3.3	22	1069	\$24,800
Oakland University	3.5	25	1101	\$25,400
Saginaw Valley University	3.5	22	1079	\$22,700
University of Michigan	3.9	31 - 34	1380 - 1520	\$29,000
University of Michigan – Dearborn	3.7	26	1190	\$8,100 (tuition)
University of Michigan – Flint	3.5	22	1085	\$24,500
Wayne State University	3.4	24	1115	\$23,800
Western Michigan University	3.4	23	1099	\$24,500

PRIVATE INSTITUTIONS	AVERAGE GPA	AVERAGE ACT	AVERAGE SAT	TUITION & HOUSING COSTS
Adrian College	3.3	23	1130	\$49,500
Albion College	3.5	25	1150	\$53,600
Alma College	3.6	23	1136	\$55,300
Aquinas College	3.5	24	1105	\$45,900
Calvin University	3.8	27	1244	\$48,200
College for Creative Studies	3.3	23	1107	\$46,600
Concordia University	3.2	22	1100	\$38,900
Cornerstone University	3.4	22	1090	\$38,350
Hillsdale College	3.9	31	1379	\$42,600
Hope College	3.8	24	1135	\$48,650
Kalamazoo College	3.8	28	1248	\$63,700
Kettering University	3.7	28	1279	\$48,800
Lawrence Tech University	3.4	25	1150	\$50,300
Madonna University	3.2	21	1025	\$35,900
Marygrove College	3.0	18	1100	\$29,100
Northwood University	3.3	22	1030	\$28,000
Olivet College	3.1	N/A	971	\$41,700
Rochester University	N/A	20	970	\$36,400
Siena Heights University	3.2	N/A	N/A	\$38,900
Spring Arbor University	3.4	23	N/A	\$32,810
University of Detroit - Mercy	3.5	27	1150-1200	\$41,400

Michigan Colleges & Universities Admissions Information

SOURCE: Michigan College Guide Fall 2021