FAMILY AND CONSUMER SCIENCE DEPARTMENT
Senior High School

Arts & Communications  Business, Management Marketing & Technology  Health Science  Engineering/Manufacturing & Industrial Technology  Human Services  Natural Resources & Agriscience

VPAA – Meets Visual, Performing & Applied Arts Requirement
OLE – Meets Online Learning Experience Requirement
GR/MMC – Meets Graduation Requirements based on Michigan Merit Curriculum
SMR – Senior Math Related

CAREER CONNECTION – V300 9, 10, 11, 12 0.5 credit
Career Connection focuses on improving one’s self-concept, communication skills, decision making, conflict resolution, working as a team member, managing stress, planning personal goals, career exploration, and employability skills that lead to job success.

CONSUMER EDUCATION (VPAA) (SMR) – V240 10, 11, 12 0.5 credit
Consumer Education students learn how to buy a car, maintain a checking account, prepare a budget, shop for insurance, understand tax forms, use credit wisely, work toward financial goals, select housing, analyze legal documents, and make wise buying decisions.

CONTEMPORARY LIVING (VPAA) – V290 10, 11, 12 0.5 credit
PREREQUISITE: Career Connection recommended but not required

Contemporary Living provides students with skills to help them understand and improve family and peer relationships. Course units include: improving interpersonal skills, dating and love relationships, marriage preparation, coordinating career employment with family life, household finance, family life cycles, goal planning and evaluation.

Students experience the “Life in the Real World” simulation project. Students learn skills needed to cope with life situations such as preparing for college life, renting one’s first apartment, and time management skills.
**FOOD AND NUTRITION (VPAA) (OLE) – V310**

9, 10, 11, 12

0.5 credit

This course provides students with an understanding of safety and sanitation, basic cooking techniques, food presentation, meal-time etiquette, and the exploration of food related careers. Through demonstration, lab experience, taste testing and evaluation, students will become familiar with healthy food choices, principles of nutrition, and weight control techniques.

**PARENTING (OLE) – V330**

10, 11, 12

0.5 credit

In this co-educational course, students will become familiar with the social, physical and intellectual stages of child development. Through interaction with preschoolers, students will learn the importance of play, nutritional needs of children, and positive discipline techniques. Topics will include: teen pregnancy issues, decision making, prenatal development, care and nurturing of children, evaluating substitute child care, developmental toys and books, and child related careers.