

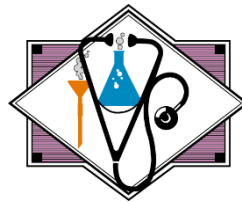
# FAMILY AND CONSUMER SCIENCE DEPARTMENT Senior High School



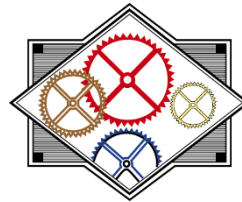
Arts & Communications



Business, Management  
Marketing & Technology



Health  
Science



Engineering/Manufacturing  
& Industrial Technology



Human  
Services



Natural Resources  
& Agriscience

VPAA – Meets Visual, Performing & Applied Arts Requirement

OLE – Meets Online Learning Experience Requirement

GR/MMC – Meets Graduation Requirements based on Michigan Merit Curriculum

SMR – Senior Math Related

21F – Course Available through Section 21F: Expanded Virtual Learning

\*CAREER ZONES - Broad groupings of careers that share similar characteristics and whose employment requirements call for many common interests, strengths, and competencies.

<b>LIFE SKILLS 9</b> (VPAA) – V285	9	1.0 credit
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The Life Skills department recognizes the importance of promoting the growth of the total individual: physical, intellectual, emotional and social. It provides instruction that will enable students to improve the quality and stability of their lives in an ever-changing society. Life Skills, a career and technical education course, explores a variety of areas such as nutrition and foods, and parenting and child development.

<b>CAREER CONNECTION</b> – V300	9, 10, 11, 12	0.5 credit
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Career Connection focuses on improving one's self-concept, communication skills, decision making, conflict resolution, working as a team member, managing stress, planning personal goals, career exploration, and employability skills that lead to job success.

*\*Course content may address skills pertaining to these potential Career Zones: Human Services*

<b>CONSUMER EDUCATION</b> (VPAA/SMR) – V240	10, 11, 12	0.5 credit
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Consumer Education students learn how to buy a car, maintain a checking account, prepare a budget, shop for insurance, understand tax forms, use credit wisely, work toward financial goals, select housing, analyze legal documents, and make wise buying decisions.

*\*Course content may address skills pertaining to these potential Career Zones: Business, Management, Marketing & Technology*

<b>CONTEMPORARY LIVING</b> (VPAA) – V290	10, 11, 12	0.5 credit
Contemporary Living provides students with skills to help them understand and improve family and peer relationships. Course units include improving interpersonal skills, dating and love relationships, marriage preparation, coordinating career employment with family life, household finance, family life cycles, goal planning and evaluation. Students experience the "Life in the Real World" simulation project. Students learn skills needed to cope with life situations such as preparing for college life, renting one's first apartment, and time management skills. <i>*Course content may address skills pertaining to these potential Career Zones: Human Services</i>		
<b>FOOD AND NUTRITION</b> (VPAA/OLE) – V310	9, 10, 11, 12	0.5 credit
This course provides students with an understanding of safety and sanitation, basic cooking techniques, food presentation, meal-time etiquette, and the exploration of food related careers. Through demonstration, lab experience, taste testing and evaluation, students will become familiar with healthy food choices, principles of nutrition, and weight control techniques. <i>*Course content may address skills pertaining to these potential Career Zones: Human Services</i>		
<b>PARENTING</b> (OLE) – V330	10, 11, 12	0.5 credit
In this co-educational course, students will become familiar with the social, physical and intellectual stages of child development. Through interaction with preschoolers, students will learn the importance of play, nutritional needs of children, and positive discipline techniques. Topics will include teen pregnancy issues, decision making, prenatal development, care and nurturing of children, evaluating substitute childcare, developmental toys and books, and child related careers. <i>*Course content may address skills pertaining to these potential Career Zones: Human Services</i>		