

Counseling Updates from IKE

NOVEMBER 2022

2022-2023 BREAKDOWN AND CONTACT INFORMATION

| | | | |
|-------|------------------------|--|--------------|
| A—Da: | Ms. Amy Chappelle | Amy.Chappelle@UticaK12.org | 586-797-1369 |
| Db—H: | Ms. Jennifer Kretchmer | Jennifer.Kretchmer@UticaK12.org | 586-797-1360 |
| I—Me: | Mr. Tom Versele | Thomas.Versele@UticaK12.org | 586-797-1363 |
| Mi—Sc | Ms. JP Stice | Josana.Stice@UticaK12.org | 586-797-1367 |
| Sd—Z | Ms. Lindsey Dunn | Lindsey.Dunn@UticaK12.org | 586-797-1362 |

IMPORTANT COUNSELING INFORMATION

Counselors deliver information regularly through the Schoology Group page. All students should have access to the group affiliated with their grade level. If you have not been added to that group, please add yourself with the codes below. Parents are encouraged to view the information posted on these pages regularly.

Class of 2023 Schoology Access Code: KMPW-FQXX-VGTGN

Class of 2024 Schoology Access Code: 26DP-M4SB-SRN8W

Class of 2025 Schoology Access Code: QW3S-RWVK-DSXZ4

COUNSELING OFFICE STAFF

| | |
|--|--------------|
| Ms. Katie Lelito, School to Work Coordinator | 586-797-1368 |
| Ms. Maria Manzo, Admin. Assistant | 586-797-1389 |
| Mr. Mike Satawa, SE Teacher Consultant | 586-797-1361 |
| Ms. Heather Osterland, SE Speech & Language | 586-797-1371 |
| Ms. Yvette Jones, SE Social Worker | 586-797-1365 |
| Counseling Fax: | 586-797-1391 |
| Attendance Line | 586-797-1399 |

SENIORS! APPLY FOR FINANCIAL AID FOR THE 2023-2024 SCHOOL YEAR!

The 2023-2024 school year [Free Application for Federal Student Aid \(FAFSA\)](#) are available. Families are encouraged to complete the application early to maximize your eligibility for financial aid. This must be completed by the parent/guardian and requires information from your 2021 tax returns. FAFSA is completed [online](#). Oakland University provides additional assistance with the process. You can register here for an [online FAFSA workshops\(Click here!\)](#). Do not delay this step in your college planning!

MI STUDENT AID VIRTUAL COLLEGE FINANCIAL AID NIGHTS

MI Student Aid is hosting virtual college financial aid nights every Tuesday in November. The webinars are intended for students and families looking for college financial assistance. Topics include FAFSA application information, federal financial aid programs, state financial aid programs, and scholarship search tools. The webinars begin at 6:30 p.m. on their respective dates. [Click this link to register!](#)

SCHOLARSHIPS FOR SENIORS!

Scholarship lists are published in the Resources tab in Schoology. They are also posted on the Eisenhower website (IKE NEWS—SCHOLARSHIPS FOR SENIORS). Updated lists are posted in both locations whenever changes are made. Students must stay on top of the deadlines! Although there are scholarship opportunities throughout the year, the bulk of opportunities present December through May. Check the website and Schoology regularly for updates. *Pay attention to deadlines as these are never negotiable!*

WATCH OUT FOR SCHOLARSHIP SCAMS!

You have applied to colleges and now what? While you wait to hear from schools or are waiting to decide to see which school makes the most financial sense, you can begin your search for scholarships. Scholarships are separate from financial aid and grant money. Some schools award scholarship money to students based on merit but most scholarships require some work on your end. There are local scholarships that the counseling office will begin posting on Schoology and the Eisenhower website through May. Students are encouraged to apply to all local scholarship opportunities that they are eligible for. Students should also use

Internet based scholarship databases, such as www.fastweb.com or Naviance, that match personal profile to potential scholarships. These databases list hundreds of thousands of awards. The number of criteria you enter varies by site and may be limited, so it is worth a shot to alter your personal profile. Once you have found scholarships you are eligible for, start applying. Put the applications in order by deadline and apply for as many as possible, even if the award amount seems small or your chances seem slim. Even a few small awards will shrink your college costs. Most importantly, **NEVER pay for a scholarship search regardless of the promise of infinite amounts of money.** Applying and searching for scholarships is free. If someone is offering something that sounds too good to be true, more than likely it is too good to be true. Use the free resources you have at your disposal; like Scholarship list, Naviance and Fastweb!

MICHIGAN ACHIEVEMENT SCHOLARSHIP NEW FOR THE CLASS OF 2023

Governor Gretchen Whitmer announced that the high school graduating Class of 2023 can apply for the Michigan Achievement Scholarship and lower their cost of college by thousands of dollars a year. Students and parents/guardians should gather documents and fill out their Free Application for Federal Student Aid (FAFSA) as soon as possible in order to take advantage of this scholarship opportunity. For more information on this scholarship, [click here!](#) Starting with the high school Class of 2023, students will be eligible for more financial aid from the State:

- Up to \$2,750 if they attend a community college, per year
- Up to \$5,500 if they attend a public university, per year
- Up to \$4,000 if they attend a private college or university, per year

Students will be eligible if their family demonstrates financial need* when they complete the [Free Application for Federal Student Aid \(FAFSA\)](#).

SAT AND ACT TESTING

While juniors are scheduled to take the SAT on April 12th as part of the mandated state assessments, any student may sign up to take the SAT on a National test date. The test is available at multiple locations throughout Metro Detroit. Dates do fill up quickly. Students can sign up to take the SAT on their own at: [SAT Registration | SAT Suite of Assessments – The College Board](#)

The ACT is equally as valuable as the SAT. If you (your student) are planning on taking the ACT, [sign up here](#). Tests are offered at local high schools and colleges. Students can select the location that is best for them, however these test dates also fill up quickly. The ACT is readily accepted at all colleges and universities as an admissions test and used for scholarship purposes as well. **If you need test prep information, please see your counselor.*

CLASS OF 2024 AND 2025 TEST OPTIONAL PRACTICES

Some college and universities have already made the decision to continue with their test optional practice through 2024 while others are still looking at data from the past three years to support the continuation, or discontinuation, of this practice. Many schools will announce their decision in the spring of 2023 of whether they will be test optional for next year. We advise students to submit their score if it is at or above the average test scores published by their admissions office. Some of the more competitive schools will draw their own conclusion about a test score if one was not submitted. Students should continue to take these standardized assessments seriously. Information published, regarding admission requirements, by the public universities in the State of Michigan can be found in this newsletter.

CLASS OF 2024 AND 2025 PREPARING FOR WHAT IS NEXT

Are you already thinking about what is next? If your intention is to apply to college in the fall of your senior year, there are things you should be doing now to better your chance of getting into your dream school. Maintaining good grades is a priority. Colleges want to see that you have the work ethic and ability to meet academic expectations. They also want to see how much you are willing to challenge yourself. Set yourself apart academically by taking classes that exceed the Michigan Merit Curriculum. Challenge yourself with Advanced Placement classes and either diversify your elective choices or align them to support your intended major. Prep for the standardized assessments. Although many schools are still test optional, a solid test score is still helpful, and preferred to the admission process at many universities. Lastly, **GET INVOLVED!** All schools love to see students that are involved in their school, community, church, sports, a job, or

anything outside of the school day. There are plenty of opportunities for involvement and they are not limited to school sponsored activities. Volunteer opportunities are in abundance. Choose a subject that is important to you and give back to the community to support that cause. A commitment to a cause is more valuable than a lot of hours spent for several causes; however, doing something outside of the school day is what is most important. Demonstrating leadership in your during the school day and in your activities is considered very valuable to the universities and you will gain personal rewards as well!

FOCUSING ON THE TRADES

Skilled trades are occupations that require a special skill, knowledge or ability which can be obtained at a college, technical school or through specialized training. Skilled trades provide an alternative to jobs that require four years of college education. Opportunities exist in a variety of emerging, high demand, industries including IT, advanced manufacturing, construction, automotive and healthcare. While skilled trades can be separated into many areas such as manufacturing technology, energy, and healthcare, they are generally divided into the following categories:

Skilled Industrial Trades: welders, machinist, mechanics, tool and die makers, programmers

Skilled Construction Trades: electricians, plumbers, gasfitters, carpenters, bricklayers, technicians, insulators

Skilled Service Trades: nurses, aides, orderlies, therapists, service technicians

***Students interested in the Construction Trades- Do you know about Southeast Michigan Construction Academy (SEMCA)?** You can take trade school classes in Madison Heights for careers as an Electrician, Carpenter, Heavy Construction and Welder. Apply on semcaschool.org. You will choose your trade on the registration form emailed to you after applying. Tuition rates range depending on the trade.

[Set up a tour of campus!!](#)

For more information, contact SEMCA directly Monday - Thursday 9:00 am - 5:00 pm

248-298-3600 OR mdowns@abcsemi.org

Learn more about [SEMCA here!](#)

***MUST Construction Careers** will connect you to apprenticeship opportunities within the unionized construction trades. The **MUST** organization consists of the trade affiliates of the Michigan Building and Construction Trades Council and their contractor association partners. Apprenticeships begin immediately for enrolled students. Apprenticeship education is paid for by the partnership between labor and management for each trade. Apprentices graduate debt free and earn money while in school. These are a unique way to earn-while-you-learn to build a life-long career in the Union construction trades. For more information contact **MUST Construction Careers** directly at: apprenticeships@MUSTCareers.org

You can download the [MUST Construction Careers Brochure here!](#)

Requirements for applicants: Union apprenticeships have different specific requirements and guidelines for application. In general, applicants must have a high school diploma (or GED), be 18 years of age at the time of application, have proof of U.S. Citizenship, have reliable transportation and a strong work ethic. To find out more about the specific requirements for application, please contact the individual trades listed on this [TRADE CONTACT INFORMATION SHEET](#).

Great Lakes Boat Building School in Cedarville, Michigan prepares students for rewarding careers in the marine industry. This is a 12-month training program where students learn by doing. Upon graduation, GLBBS students enter the workforce as industry-ready craftsmen and technicians. To request more information or apply to GLBBS, [click here!](#) High School Seniors who complete a year (two semesters) of any CTE program with a 3.0 or higher are also eligible to apply for a CTE Award of \$1,500. Questions? Visit glbbs.edu, Call (906) 484-1081 or email admissions@glbbs.edu

CAREER EXPLORATION AND AWARENESS

The State Department of Talent and Economic Development has developed two state-of-the-art and first-of-its kind online resources to help students and job seekers explore careers and pathways as an effort to close the talent gap that is spanning Michigan. Students are encouraged to further explore **Going PRO** and **Michigan Education & Career Pathfinder!**

[Going PRO with Professional Trades Careers in Michigan | GoingPro \(going-pro.com\)](http://going-pro.com) is a one-stop online tool that provides students and all Michiganders with information on the state's most high-demand, high-wage career opportunities in the **Professional Trades**, including salaries and job growth data, 'A Day in the Life' series that highlights professionals in their careers and how they got there, and local schools and training facilities to get started in a Professional Trades career. Click on the link to explore this online tool!

[Michigan Education & Career Pathfinder \(mitalent.org\)](http://mitalent.org) is a tool that allows students to pick a career field and see, all at once, how to get there from training to full-time career. Click on the link to explore this online tool!

UCS COLLEGE CENTRAL

Welcome to UCS College Central - Home for all current and future UCS Alumni! Consider this your one stop for valuable resources as you prepare for your next academic step. These resources are organized with links and videos to provide students and parents self-directed assistance to navigate through the post-secondary planning process. Visit [UCS College Central](#) today!

IMPORTANT DATES

| | |
|---|---|
| April 12 th | MME Day 1 SAT Testing for ALL Juniors |
| April 13 th | MME Day 2 WorkKeys Testing for ALL Juniors |
| April 17 th – April 28 th | MME MSTEP Testing for ALL Juniors (schedule TBD) |
| May 1 st – May 12 th | Advanced Placement Testing- Students taking AP exams have signed up in advanced. Registration for exams is no longer open. Arrival times for tests will be announced later. |

2023 AP TESTING CALENDAR

| Week 1 | | | | Week 2 | | | |
|---|-----------|--------------------------|---------------|-----------------------------|-----------|-----------------------------|-------------------|
| Monday May 1 | AM | US Government & Politics | | Monday May 8 | AM | Calculus Ab and BC | |
| | PM | Chemistry | | | PM | Computer Science Principles | |
| Tuesday May 2 | AM | Environmental Science | | Tuesday May 9 | AM | English Language | |
| | PM | Psychology | | | PM | Physics C: Mechanics | Physics C: E/M |
| Wednesday May 3 | AM | English Literature | | Wednesday May 10 | AM | Spanish Language | |
| | PM | Computer Science A | | | PM | Biology | |
| Thursday May 4 | AM | Macroeconomics | | Thursday May 11 | AM | French Language | World History |
| | PM | Statistics | | | PM | Physics 1: Algebra Based | |
| Friday May 5 | AM | European History | US History | Friday May 12 | AM | German Language | |
| | PM | Microeconomics | | | PM | Physics 2: Algebra Based | |
| AP ART Portfolio submission will be arranged with Mrs. Druia | | | | | | | |

SCHOOL TO WORK INTERNSHIPS

There are still several positions available for students who are interested in School to Work. Job opportunities are available in medical, business and manufacturing. For more information, contact Mrs. Lelito at catherine.lelito@uticak12.org or send a TEAMS message.

SCHOOL TO WORK(STW/CO-OP) MAKING THE CONNECTION



- The objective of our STW Program is to connect classroom learning with work-based learning experiences, prepare students for the move from classroom to the workplace, support supervised on-the-job training, and help students make career decisions.
- Our Students will:
 - Develop the essential skills and habits required in the workplace.
 - Receive a **GRADE** and **CREDIT** towards graduation for this full year course.
 - Gain valuable **PAID** work experience to help build a resume for post-secondary programs and future employment in a variety of career areas.

WHAT ARE THE REQUIREMENTS?



GPA-2.0 Minimum



Attendance: Must be excellent at school; including tardies and unexcused absences from 9th grade and beyond.



Enrollment in a CTE Course concurrent with their internship placement(see courses listed on reverse side).



Students work 10 hours a week at minimum, 24 maximum per child labor laws. Must have reliable transportation and leave school after 5th hour.



Grades are based on: Student completed time books. Employer quarterly evaluations of the student and attendance at monthly meetings with coordinator.



Coordinators visit work sites to ensure a safe and productive training environment and build relationships with employers.

Next Steps...

1. Talk with your parents about STW-can you do it?
 - ✓ Transportation
 - ✓ Extracurricular activities
 - ✓ Availability (employer provided schedule)
2. Scan the QR Code to Apply
3. Obtain Parent signatures for Policies/Grading
4. Create your resume/request references
5. Set Up Your Voicemail
6. Schedule a time to meet with Mrs. Lelito

SCAN HERE TO APPLY:



For more information contact Mrs. Lelito
catherine.lelito@uticak12.org or send a TEAMS message



2022-2023 GUIDE TO ADMISSIONS: MICHIGAN'S PUBLIC UNIVERSITIES

FIRST-YEAR CLASS PROFILES

| SCHOOL | CLASS SIZE | AVG GPA | AVG TEST SCORES | REPORTING CODES |
|---------------------|------------|---------|---------------------------|---------------------|
| CENTRAL MICHIGAN | 1,910 | 3.47 | ACT: 22 SAT: 1110 | ACT: 1972 SAT: 1106 |
| EASTERN MICHIGAN | 2,200 | 3.46 | ACT: 22 SAT: 1090 | ACT: 1990 SAT: 1220 |
| FERRIS | 1,410 | 3.33 | ACT: 22 SAT: 1046 | ACT: 1994 SAT: 1222 |
| GRAND VALLEY | 4,100 | 3.48 | ACT: 21-26 SAT: 1050-1231 | ACT: 2005 SAT: 1258 |
| LAKE SUPERIOR STATE | 350 | 3.21 | ACT: 22 | ACT: 2031 SAT: 1421 |
| MICHIGAN STATE | 9,800 | 3.8 | ACT: 25-31 SAT: 1150-1350 | ACT: 2032 SAT: 1465 |
| MICHIGAN TECH | 1,479 | 3.81 | ACT: 27.2 SAT: 1229 | ACT: 2030 SAT: 1464 |
| NORTHERN MICHIGAN | 1,491 | 3.33 | N/A | ACT: 2038 SAT: 1560 |
| OAKLAND | 2,025 | 3.50 | ACT: 24 SAT: 1100 | ACT: 2033 SAT: 1497 |
| SAGINAW VALLEY | 1,335 | 3.48 | ACT: 22 SAT: 1060 | ACT: 2057 SAT: 1766 |
| U-M ANN ARBOR | 7,117 | 3.90 | SAT: 1390-1530 | ACT: 2062 SAT: 1839 |
| U-M DEARBORN | 1,084 | 3.66 | ACT: 25 SAT: 1180 | ACT: 2074 SAT: 1861 |
| U-M FLINT | 493 | 3.54 | N/A | ACT: 2063 SAT: 1853 |
| WAYNE STATE | 2,700 | 3.50 | ACT: 23 SAT: 1102 | ACT: 2064 SAT: 1898 |
| WESTERN MICHIGAN | 2,061 | 3.53 | ACT: 21-26 SAT: 1000-1200 | ACT: 2066 SAT: 1902 |

Early/Middle College programs offer students a unique opportunity to earn college credit while in high school. The public universities in Michigan welcome students participating in Early/Middle College programs to apply and enroll. The public universities in Michigan classify students who complete college-level work prior to receiving their high school diploma as first-year students. Early/Middle College students are considered entering first-years even if an associate's degree is earned prior to high school graduation.

COSTS & AID

| SCHOOL | IN-STATE TUITION | OUT-OF-STATE TUITION | ROOM & BOARD | FINANCIAL AID & SCHOLARSHIPS | FINANCIAL AID FORMS NEEDED | TOTAL COST |
|---------------------|--|--|---|--|----------------------------|--|
| CENTRAL MICHIGAN | \$13,200 For 30 credits in a school year, or \$440 per credit hour for lower level tuition. All U.S. residents pay the same rate. | \$13,200 For 30 credits in a school year, or \$440 per credit hour for lower level tuition. All U.S. residents pay the same rate. | \$11,248 for standard housing and all access meal plan | Automatic consideration for merit awards. Competitive awards up to 100% tuition, room, and board require additional application cmich.edu/scholarships | FAFSA | cmich.edu/affordability |
| EASTERN MICHIGAN | \$14,555 All undergraduate students pay our Global Tuition Rate | \$14,555 All undergraduate students pay our Global Tuition Rate | \$11,200 | Automatic consideration, as well as competitive for full-time/half-tuition options. Full information available at emich.edu/scholarships | FAFSA | emich.edu/financial/understanding/costs/index.php |
| FERRIS | \$13,076 North American Tuition Rate | \$21,420 International Tuition Rate | \$10,268 | Automatic consideration/ TIP Phase 1 & 2 | FAFSA | ferris.edu/admissions/financialaid/costs/affordance.htm |
| GRAND VALLEY | \$13,952 | \$19,856 | \$9,700 | Must be admitted by March 1, 2023 for scholarship consideration. Updated documents accepted until July 31, 2023 for scholarship consideration | FAFSA | gvsu.edu/financial/tuition-fees-98.htm |
| LAKE SUPERIOR STATE | \$13,440 Worldwide "One Rate" tuition | \$13,440 Worldwide "One Rate" tuition | \$11,016 | Automatic consideration/ TIP Phase 1 & 2 | FAFSA | lssu.edu/financial-aid |
| MICHIGAN STATE | \$15,436 | \$42,022 | \$10,990 | Automatic consideration | FAFSA | admissions.msu.edu/cost-aid/ |
| MICHIGAN TECH | \$17,296 | \$39,256 | \$12,058 | Automatic consideration | FAFSA | mtu.edu/admissions/tuition |
| NORTHERN MICHIGAN | \$12,648 | \$18,144 | \$11,910 | Automatic consideration; competitive; TIP phase 1 & 2 | FAFSA | www.nmich.edu/tuition |
| OAKLAND | \$14,476 | \$23,730 | \$10,852 | Automatic consideration March 1, 2023 priority deadline | FAFSA | oakland.edu/tuition |
| SAGINAW VALLEY | \$10,800 | \$25,380 | \$11,400 | Automatic consideration | FAFSA | svsu.edu/costquiz |
| U-M ANN ARBOR | \$16,404 | \$55,002 | \$13,170 | Free tuition if <\$85k income and <\$50k assets; Scholarships: automatic consideration; suggested filing date: Dec 15 | FAFSA and CSS PROFILE | fsaid.umich.edu/getting-started/estimating-costs |
| U-M DEARBORN | \$14,320 | \$29,584 | Modern, private housing option adjacent to campus | Free tuition for students with a GPA of 3.50+, family income <\$60k and assets <\$50k. Other merit and need based scholarships are available; automatic consideration; priority filing date: Dec 1 | FAFSA | umdearborn.edu/ta_costdetail |
| U-M FLINT | \$13,008 | \$25,224 | \$9,823 | Free tuition for students with a GPA of 3.50+, family income <\$60k and assets <\$50k. Other merit and need based scholarships are available. SAT or ACT scores are recommended, but not required. | FAFSA | umflint.edu/whatnotaccounts/tuition-fees/ |
| WAYNE STATE | \$14,464 | \$30,914 | \$11,321 | Automatic consideration | FAFSA | wayne.edu/tuition |
| WESTERN MICHIGAN | \$13,850 | \$17,313 | \$10,989 | Automatic consideration; apply by 12/15 EA deadline. FAFSA submission by 3/1. Forms received after 3/1 considered on rolling basis. See "Application Deadlines" section for more information. | FAFSA | wmich.edu/register/tuition |

CONSIDERING THE MILITARY

Various sectors of the military can routinely be seen in the Commons during lunch hours. They are always here to answer questions and talk to students. Students who have an interest in the military are encouraged to make an appointment with the recruiter with their parents' involvement.

Serve your country, learn a skill and earn money for college with a career in the military.

The U.S. Armed Forces are made up of the five service branches:

- Air Force
- Army
- Coast Guard
- Marine Corps
- Navy

Also, consider enrolling in Reserve Officers' Training Corps, or ROTC. The obligation free program allows cadets to receive leadership training their freshman and sophomore years, with time to decide if it's the right choice. If you decide the military is right for you, the program will support you with scholarships for tuition, books and other college expenses. Then, upon graduation, you'll be commissioned as an officer and have immediate job opportunities.

And don't forget other financial benefits, too. Through the GI Bill, (ROTC), scholarships and more, the military can help you pay for college and other training. Interested in ROTC but not sure it's for you? You can enroll in your freshman and sophomore years



to receive leadership training without incurring obligation for military service. Once you accept a scholarship or enroll in advanced ROTC courses, you make a service commitment.

No matter which branch of the military you choose—Army, Navy or Air Force—ROTC classes include officership, leadership, military history, organization and tactics. You will receive college credit for your ROTC classes. You'll also have to pass regular physical training exams and train for the tests with your peers in "PT" sessions.

After commissioning is when you'll decide on a career field and begin training for a specific job. Remember, the military offers many career options from becoming a soldier to working as a doctor, pilot, engineer and more! After commissioning, you'll be known as a second lieutenant or

"2nd Lt." in the Air Force, Army or Marine Corps. If you go into the Navy or Coast Guard, your rank will be "ensign."

Wondering what the differences are? Talk to a local recruiting office in your neighborhood or a recruiter in your area.

NOTES: _____



Read more!

Get more tips on how to apply to college at LINKForCounselors.com

RESOURCES FOR MACOMB COUNTY FAMILIES IN NEED

The Right Connection Resource Directory was developed to assist families in locating free, low-cost, or unique human services in Macomb County. Families needing assistance can access this resource at the link provided. [The Right Connection in Macomb County \(misd.net\)](http://misd.net)

Julie's List was developed to help individuals throughout the Metro Detroit area find necessary resources that are low cost or free. Families in crisis or needing assistance can access this resource at the link provided. [Julies List \(SE Michigan\)](#)

TIPS TO HELP WITH AN ANXIETY ATTACK

Look around you and find:

5 THINGS YOU CAN SEE

4 THINGS YOU CAN TOUCH

3 THINGS YOU CAN HEAR

2 THINGS YOU CAN SMELL

1 THING YOU CAN TASTE

This is called grounding. It can help when you feel like you have lost all control of your surroundings.